

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Toast with Vegemite Milk	Fresh Fruit Melted Cheese on Toast Milk	Fresh Fruit Raisin Toast Milk	Fresh Fruit Toast with Apricot Jam Milk	Fresh Fruit Blueberry Muffins Milk
Lunch	Stir-fried chicken & vegetables with steamed rice Water	Lasagne with garlic bread Water	Macaroni and Cheese Water	Beef sausages, mash potatoes, peas and gravy Water	Tomato and vegetable pasta bake Water
Dessert	Custard with mixed fruit	Vanilla Yoghurt	Rice Pudding	Lime Jelly	Peaches in Custard
Afternoon Tea	Fresh Fruit Cheese cubes with crackers Milk	Fresh Fruit Rice cakes with cream cheese and cucumber sticks Milk	Fresh Fruit Mini Pizzas Milk	Fresh Fruit Mixed fruit loaf Milk	Fresh Fruit Assorted Sandwiches Milk

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Toast with strawberry Jam Milk	Fresh Fruit Apple & Cinnamon Muffins Milk	Fresh Fruit Toast with Cream Cheese Milk	Fresh Fruit Raisin Toast Milk	Fresh Fruit Melted Cheese on Toast Milk
Lunch	Cheesy Tuna & Corn Pasta Water	Spaghetti Bolognaise Water	Stir-fried beef and vegetables with Hokien Noodles Water	Lamb sausages, mash potatoes peas and gravy Water	Chicken and Vegetable Casserole Water
Dessert	Custard and Mixed Fruit	Strawberry Jelly	Custard and Peaches	Rice Pudding	Vanilla Yoghurt
Afternoon Tea	Fresh Fruit Rice Cakes with Vegemite Milk	Fresh Fruit Mini Sausage Rolls with tomato Sauce Milk	Fresh Fruit Carrot Cake Milk	Fresh Fruit Carrot, Celery and Cucumber with Dip & crackers Milk	Fresh Fruit Scones with Jam Milk

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Melted Cheese on Toast Milk	Fresh Fruit Toast with apricot Jam Milk	Fresh Fruit Banana Muffins Milk	Fresh Fruit Toast with Vegemite Milk	Fresh Fruit Raisin Toast Milk
Lunch	Butter Chicken with steamed rice Water	Savory Mince mixed vegetables with pasta Water	Spinach and chicken ravioli with white sauce Water	Chicken Rissoles with vegetables and mash potato Water	Mild Beef Curry with steamed rice Water
Dessert	Yoghurt with mixed berries	Rice Pudding	Vanilla Custard	Melon Wedges	Peaches in Custard
Afternoon Tea	Fresh Fruit Rice crackers with cream cheese Milk	Fresh Fruit Assorted Sandwiches Milk	Fresh Fruit Mini potato & vegetable cakes Milk	Fresh Fruit Cheese Cubes with crackers Milk	Fresh Fruit Chicken Dippers and dipping sauce Milk

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit Apple Bran Muffins Milk	Fresh Fruit Rain Toast Milk	Fresh Fruit Melted Cheese on Toast Milk	Fresh Fruit Toast with Strawberry Jam Milk	Fresh Fruit Toast with cream cheese Milk
Lunch	Chicken sausages, mash potato, peas and gravy Water	Sweet & Sour Chicken with steamed rice Water	Cheesy Pasta Water	Meat Balls with Pasta and Napolitana Sauce Water	Beef Korma with steamed rice Water
Dessert	Vanilla Yoghurt	Peaches in Custard	Orange Jelly	Custard with mixed fruit	Rice Pudding
Afternoon Tea	Fresh Fruit Oatmeal cookies Milk	Fresh Fruit Mini Quiches Milk	Fresh Fruit Baked pineapple cake Milk	Fresh Fruit Assorted Sandwiches Milk	Fresh Fruit Cheese cubes with crackers Milk